

# Miss Maria's Dance, Cheer & Gymnastics Inc

## Class Schedule

September 4, 2019 – May 23, 2020

### Dance & Tumbling Combination Classes

#### *Creative Movements Ages 2-3*

Level	Age	Day	Start	Lgth
Beg	2-3	Wed	10:30 AM	1.00

#### *Tap & Ballet Ages 3-6*

Beg & I	3-4	Thursday	4 :15 PM	1.00
Beg & I	4-6	Wednesday	5 :30 PM	1.00
Beg & I	4-6	Friday	4 :30 PM	1.00
Tap Beg & I	6-8	Thurs	4 :30 PM	0.75

#### *Tumbling, Tap & Ballet Ages 3-6*

Beg	3-4	Monday	5 :30 PM	1.00
Beg	3-4	Wednesday	5 :45 PM	1.00
Beg	3-4	Thursday	10:15 AM	1.00
Beg & I	4-6	Thursday	10:15 AM	1.00
Beg & I	4-6	Saturday	9 :30 AM	1.00
I	4-6	Monday	5 :30 PM	1.00
I	4-6	Wednesday	5 :30 PM	1.25

#### *Tumbling & Ballet Ages 3-6*

Beg	3-4	Tuesday	6 :00 PM	1.00
Beg	3-4	Wednesday	9 :30 AM	1.00
Beg	3-4	Wednesday	4 :30 PM	1.00
Beg	3-4	Thursday	9 :15 AM	1.00
Beg	3-4	Thursday	6 :00 PM	1.00
Beg	3-4	Friday	5 :30 PM	1.00
Beg	3-4	Saturday	10:30 AM	1.00
Beg	4-6	Thursday	11:15 AM	1.00
I	4-5	Wednesday	9 :30 AM	1.00
I	4-6	Tuesday	6 :00 PM	1.00
I	4-6	Wednesday	4 :30 PM	1.00
I	4-6	Thursday	6 :00 PM	1.00
I	4-6	Saturday	10:30 AM	1.00
I	5-6	Friday	5 :30 PM	1.00

#### *Tumbling & Jazz Ages 5+*

Beg & I	5-7	Wednesday	4 :30 PM	1.00
Beg & I	5-7	Thursday	5 :30 PM	1.00
Beg & I	6-8	Friday	5 :30 PM	1.00
I	7-10	Wednesday	4 :30 PM	1.25
I	7-10	Thursday	5 :30 PM	1.00
I - II	8+	Monday	6 :30 PM	1.50

### Cheerleading

Cheer	12+	Thursday	7 :45 PM	1.00
Cheer	9-11	Thursday	7 :00 PM	0.75
Cheer Team	10+	Monday	8 :00 PM	1.00
Mini Cheer	6-8	Monday	4 :30 PM	0.75

### Dance Classes Ages 3 +

#### *Hip Hop*

Beg	7-10	Monday	7 :15 PM	1.00
Beg/Int	10+	Thursday	6 :30 PM	1.00
Beg/Int	8-10	Thursday	4 :30 PM	1.00
Int	10+	Wednesday	8 :00 PM	1.00
Int/Adv	12+	Monday	8 :00 PM	1.00
Tech	10+	Saturday	9 :00 AM	0.50

#### **NEW!** *Jazz & Hip Hop Combo*

Beg	6-8	Monday	4 :45 PM	0.75
Beg	7-10	Friday	4 :30 PM	1.00
Beg	7-10	Saturday	10:30 AM	1.00
Beg & I	9+	Tuesday	8 :00 PM	1.00

#### *Jazz*

Beg & I	6-8	Wednesday	6 :45 PM	0.75
Beg & I	9+	Tuesday	8 :00 PM	1.00
I	6-8	Tuesday	4 :30 PM	0.75
I - II	7-10	Monday	6 :00 PM	1.00
I & II	7-10	Thursday	5 :30 PM	1.00
I & II	9-11	Wednesday	7 :30 PM	1.00
II - III	All	Thursday	7 :30 PM	1.00
III & IV	All	Monday	7 :00 PM	1.00

#### **New!** *Dance Team Prep*

Middle/HighSchool		Thursday	7 :30 PM	1.25
Premier	5-7	Wednesday	6 :15 PM	1.00
Premier	Tech	Monday	4 :15 PM	1.00
Premier	Tech	Monday	5 :15 PM	1.00
Premier	Tech	Monday	6 :15 PM	1.00
Premier	Tech	Wednesday	4 :30 PM	1.00
Premier	Tech	Wednesday	5 :30 PM	0.75
Premier	Tech	Wednesday	8 :00 PM	1.00

#### *Ballet*

Level	Age	Day	Start	Lgth
Beg & I	6-8	Tuesday	5 :15 PM	0.75
Beg & I	7-10	Thursday	5 :15 PM	0.75
Beg & I	8+	Monday	6 :30 PM	0.75
I - II	7-10	Thursday	4 :30 PM	1.00
I & II	Tech	Saturday	9 :30 AM	1.00
II	9+	Thursday	6 :30 PM	1.00
Adv	Tech	Saturday	9 :30 AM	1.00
Pilates	All	Saturday	12:15 PM	0.50
Premier	Point	Monday	8 :15 PM	0.75
Premier	Tech	Monday	4 :15 PM	1.00
Premier	Tech	Monday	5 :15 PM	1.00
Premier	Tech	Monday	7 :15 PM	1.00
Premier	Tech	Wednesday	4 :45 PM	0.75
Premier	Tech	Wednesday	5 :30 PM	1.00
Premier	Tech	Wednesday	7 :00 PM	1.00
Tech	PrePoint	Thursday	7 :30 PM	0.75

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### Tumbling & Trampoline Classes

#### Tumbling Classes

Level	Age	Day	Start	Lgth
Beg & I	5-7	Monday	5 :15 PM	0.75
Beg & I	6-8	Saturday	11:30 AM	1.00
Beg & I	7-10	Wednesday	6 :45 PM	0.75
Beg & I	9+	Monday	8 :00 PM	0.75
I	5-7	Tuesday	4 :30 PM	0.75
I	5-8	Wednesday	5 :45 PM	1.00
I - II	6-8	Tuesday	4 :15 PM	1.00
I - II	8-10	Tuesday	7 :15 PM	0.75
I & II	All	Wednesday	7 :30 PM	1.00
II	6-8	Wednesday	6 :45 PM	1.00
II	All	Tuesday	7 :00 PM	1.00
II - III	7-10	Thursday	4 :30 PM	1.00
II - III	All	Monday	6 :00 PM	1.00
III	All	Tuesday	5 :15 PM	1.00
III & IV	All	Monday	4 :30 PM	1.00
III & IV	All	Wednesday	7 :30 PM	1.00
IV & V	All	Monday	7 :00 PM	1.00

#### Tumbling Classes No Recital

*These classes will not perform in our Annual Recital*

Beg	4-6	Saturday	9 :30 AM	1.00
Beg & I	5-8	Tuesday	5 :15 PM	0.75
Beg & I	8+	Saturday	10:30 AM	1.00
I & II	8+	Thursday	7 :45 PM	1.00
I & II	All	Friday	4 :30 PM	1.00
III & IV	All	Tuesday	8 :00 PM	1.00
III & IV	All	Friday	5 :30 PM	1.00
IV & V	All	Thursday	4 :30 PM	1.00
V & VI	All	Thursday	8 :00 PM	1.00

#### Tumbling & Trampoline Combination

Beg	4-5	Wednesday	10:30 AM	1.00
Beg	7+	Tuesday	6 :00 PM	1.00
Beg	All	Thursday	12:15 PM	1.00
Beg & I	5-8	Friday	4 :30 PM	1.00
Beg/Int	7+	Saturday	11:30 AM	1.00

#### Tumbling for Cheerleaders

Beg/Int	Teen	Thursday	6 :45 PM	1.00
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#### Trampoline Classes

Beg	6+	Thursday	5 :30 PM	0.75
Beg/Int	6+	Tuesday	5 :00 PM	0.75
Beg/Int	7+	Monday	4 :30 PM	0.75
Int	7+	Tuesday	4 :15 PM	0.75
Int/Adv	9+	Monday	7 :15 PM	0.75

### Specialty Dance Classes

#### Contemporary

All	9+	Monday	3 :30 PM	0.75
All	9+	Saturday	11:30 AM	0.75

#### Dance Choreography

Adv	10+	Saturday	11:00 AM	0.50
Beg/Int	8-10	Wednesday	6 :30 PM	0.50

#### Leaps & Turns

Int/Adv	Tech	Thursday	7 :00 PM	0.75
Adv	Tech	Saturday	10:30 AM	1.00
Beg/Int	Tech	Thursday	5 :30 PM	0.75

#### Lyrical

Beg/Int	Tech	Thursday	6 :15 PM	0.75
Int/Adv	Tech	Thursday	7 :45 PM	0.75

#### Partnering

All	All	Saturday	12:15 PM	0.75
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#### Stretch & Conditioning

All	10+	Thursday	7 :00 PM	0.50
All	12+	Thursday	8 :30 PM	0.50
All	8+	Wednesday	7 :00 PM	0.50
All	8+	Saturday	11:30 AM	0.50

#### Other Fun Classes

##### Mommy & Me

Beg	18months-3	Wed	11:30 AM	0.75
Beg	18months-3	Wed	3 :45 PM	0.75

#### Play & Learn

All	2-5	Wednesday	11:30 AM	1.00
All	2-5	Thursday	9 :15 AM	1.00
All	2-5	Thursday	11:15 AM	1.00

### Boys Classes

#### Hip Hop

Beg/Int	7-up	Wednesday	7 :15 PM	0.75
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#### Boys Tumbling

Beg/Int	6-Up	Tuesday	5 :15 PM	0.75
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**Miss Maria's Dance, Cheer & Gymnastics Inc**  
**Class Schedule**  
**September 4, 2019 – May 23, 2020**

**Tumbling & Trampoline Team Classes**

***NAC Tumbling Team***

N.A.C.	All	Monday	4 :30 PM	1.00
N.A.C.	All	Monday	7 :00 PM	1.00
N.A.C.	All	Tuesday	4 :15 PM	1.00
N.A.C.	All	Tuesday	6 :15 PM	1.00
N.A.C.	All	Wednesday	4 :15 PM	1.00
N.A.C.	All	Thursday	5 :30 PM	1.00

***USAG Tumbling & Trampoline Team***

Pre Team	All	Wednesday	6 :45 PM	1.50
Pre Team	All	Thursday	4 :15 PM	1.50
Team	All	Monday	5 :15 PM	2.00
Team	All	Tuesday	7 :00 PM	2.00
Team	All	Wednesday	5 :00 PM	2.00
Team	All	Thursday	6 :15 PM	2.00

**Premier Dance Team**

Premier A	A	Tuesday	4 :30 PM	0.50
Premier A	A	Tuesday	5 :00 PM	0.50
Premier A	A	Tuesday	5 :30 PM	0.50
Premier A	A	Tuesday	6 :00 PM	0.50
Premier A	A	Tuesday	6 :30 PM	0.50
Premier A	A	Tuesday	7 :00 PM	0.50
Premier A	A	Tuesday	7 :30 PM	0.50
Premier A	A	Tuesday	8 :00 PM	0.50
Premier A	A	Saturday	11:30 AM	0.50
Premier A	A	Saturday	12:00 PM	0.50
Premier B	B	Tuesday	4 :30 PM	0.50
Premier B	B	Tuesday	5 :00 PM	0.50
Premier B	B	Tuesday	5 :30 PM	0.50
Premier B	B	Tuesday	6 :00 PM	0.50
Premier B	B	Tuesday	6 :30 PM	0.50
Premier B	B	Tuesday	7 :00 PM	0.50
Premier B	B	Tuesday	7 :30 PM	0.50
Premier B	B	Tuesday	8 :00 PM	0.50

