

**2020 Fall Class Schedule**  
**Schedule Runs September 9 - May 29, 2021**

---

**Preschool & Kindergarten Classes**

***Creative Movements***

Beg	2-3	Wed	11:00 AM	0.75
Beg	2-3	Thu	5:00 PM	1.00
Beg	2-3	Sat	9:30 AM	1.00

***Tumbling & Ballet Combination Class***

Beg	3-4	Tue	6:00 PM	1.00
Beg	3-4	Wed	9:30 AM	1.00
Beg	3-4	Wed	4:30 PM	1.00
Beg	3-4	Thu	10:30 AM	1.00
Beg	3-4	Thu	6:00 PM	1.00
Beg	3-4	Sat	10:30 AM	1.00
I	4-5	Wed	9:30 AM	1.00
I	4-6	Tue	6:00 PM	1.00
I	4-6	Wed	4:30 PM	1.00
I	4-6	Thu	10:30 AM	1.00
I	4-6	Thu	6:00 PM	1.00
I	5-6	Sat	10:30 AM	1.00

***Tumbling/Tap/Ballet Combination Class***

Beg	3-4	Mon	5:30 PM	1.00
Beg	3-4	Wed	5:30 PM	1.00
Beg & I	4-6	Sat	9:30 AM	1.00
I	4-6	Mon	5:15 PM	1.25
I	4-6	Wed	5:30 PM	1.25

**Tumbling & Trampoline Classes**

***Back Handspring Class***

All	7+	Tue	5:00 PM	0.75
-----	----	-----	---------	------

***Boys Tumbling***

Beg	6-up	Tue	5:30 PM	0.75
-----	------	-----	---------	------

***Trampoline***

Beg	5+	Mon	4:30 PM	0.75
Beg	5+	Tue	5:00 PM	0.75
Beg	5+	Wed	4:30 PM	0.75
Beg/Int	7+	Wed	7:15 PM	0.75
Int	7+	Tue	4:15 PM	0.75
Int/Adv	ALL	Mon	7:15 PM	0.75

**Tumbling & Trampoline Classes**

***Tumbling***

Beg & I	5-7	Mon	5:15 PM	0.75
Beg & I	5-8	Tue	4:15 PM	1.00
Beg & I	8+	Mon	7:00 PM	0.75
I	5-7	Sat	9:30 AM	1.00
I - II	5-8	Mon	6:30 PM	0.75
I - II	5-8	Tue	4:30 PM	1.00
I & II	NR	Wed	6:30 PM	0.75
II - III	All	Mon	6:00 PM	1.00
II - III	All	Wed	5:30 PM	1.00
II & III	Tech	Thu	7:00 PM	0.75
III	All	Mon	4:30 PM	1.00
III & IV	All	Tue	5:00 PM	1.00
III & IV	NR	Tue	7:00 PM	1.00
IV & V	NR	Mon	7:45 PM	1.00
IV & V	NR	Wed	7:00 PM	1.00
V & VI	Tech	Thu	4:30 PM	1.00

***Tumbling & Trampoline Combo***

Beg	5-7	Tue	5:45 PM	1.00
Beg	6-9	Sat	9:30 AM	1.00
Beg/Int	5-8	Fri	4:30 PM	1.00
Beg/Int	8-10	Tue	5:45 PM	1.00
Int	9+	Wed	6:45 PM	1.00

**Gymnastics Classes**

***Gymnastics***

Beg	5-7	Thu	4:30 PM	1.00
Beg	5-8	Sat	10:30 AM	1.00
Beg	6-9	Thu	6:30 PM	1.00
Beg/Int	7-10	Tue	5:15 PM	1.00
Beg/Int	7-10	Tue	6:45 PM	1.00

**2020 Fall Class Schedule**  
**Schedule Runs September 9 - May 29, 2021**

---

**Dance Classes**

***Ballet***

Beg	6-9	Tue	4:30 PM	0.75
Beg	Tech	Wed	4:30 PM	0.50
Beg & I	5-8	Mon	4:30 PM	1.00
I	6-9	Tue	4:30 PM	0.75
I	Tech	Wed	5:30 PM	0.75
I & II	All	Thu	5:00 PM	1.00
II - III	Tech	Mon	5:30 PM	1.00
IV-V	Tech	Mon	6:30 PM	1.00

***Hip Hop***

Beg/Int	9+	Wed	7:30 PM	1.00
Int	9+	Tue	7:30 PM	1.00
Int/Adv	10+	Mon	7:30 PM	1.00

***Jazz***

Beg	Tech	Wed	5:00 PM	0.50
Beg & I	5-8	Mon	6:30 PM	0.75
I	6-9	Tue	5:15 PM	0.75
I	Tech	Wed	6:45 PM	0.75
II	All	Thu	6:30 PM	1.00
III	Tech	Mon	6:30 PM	1.00
III & IV	All	Mon	6:30 PM	1.00
IV	Tech	Mon	5:30 PM	1.00
Middle	HighScho	Thu	7:30 PM	1.25

***Jazz & Hip Hop Combo***

Beg	6-9	Thu	4:15 PM	0.75
Beg & I	6-8	Mon	4:45 PM	0.75
Beg & I	7-10	Thu	5:00 PM	1.00
Beg/Int	7-10	Wed	7:15 PM	1.00
Beg/Int	8+	Tue	7:30 PM	1.00

***Leaps & Turns***

Beg	All	Thu	4:15 PM	0.75
Int	All	Mon	4:30 PM	1.00
Int	All	Wed	6:30 PM	0.75
Int/Adv	All	Thu	7:45 PM	0.75

***Lyrical***

Beg/Int	8+	Thu	7:00 PM	0.75
---------	----	-----	---------	------

***Stretch & Conditioning***

All	All	Thu	6:30 PM	0.50
-----	-----	-----	---------	------

**Dance Classes**

***Tap***

Beg & I	6-9	Tue	3:45 PM	0.50
---------	-----	-----	---------	------

***Tap & Ballet***

Beg & I	4-6	Wed	6:00 PM	1.00
---------	-----	-----	---------	------

***Youth Ballet Company***

Beg/Int	All	Mon	4:30 PM	1.00
Beg/Int	All	Wed	5:30 PM	1.00

**Dance & Tumbling Combo Classes**

***Tumbling & Jazz Combination Class***

Beg & I	5-7	Wed	4:30 PM	1.00
Beg & I	5-7	Thu	5:30 PM	1.00
I	7-10	Wed	4:30 PM	1.00
I	7-10	Thu	5:30 PM	1.00

**Cheer Classes**

***Cheerleading***

Cheer	9+	Thu	7:45 PM	0.75
Cheer Team	9+	Mon	7:00 PM	1.00
Mini Cheer	6-8	Mon	4:30 PM	0.75

***Tumbling for Cheerleaders***

Beg/Int	Teen	Thu	7:00 PM	0.75
---------	------	-----	---------	------

**Tumbling & Trampoline Teams**

***NAC Tumbling Team***

N.A.C.	All	Mon	4:15 PM	1.00
N.A.C.	All	Mon	7:00 PM	1.00
N.A.C.	All	Tue	4:15 PM	1.00
N.A.C.	All	Tue	6:00 PM	1.00
N.A.C.	All	Thu	4:30 PM	1.00
N.A.C.	All	Thu	5:30 PM	1.00

***USAG Pre Team***

Pre Team	All	Wed	7:00 PM	1.50
Pre Team	All	Thu	4:15 PM	1.50

**2020 Fall Class Schedule**  
**Schedule Runs September 9 - May 29, 2021**

---

**Tumbling & Trampoline Teams**

***USAG Tumbling & Trampoline Team***

Team	All	Mon	5:15 PM	2.00
Team	All	Tue	6:45 PM	2.00
Team	All	Wed	5:00 PM	2.00
Team	All	Thu	6:30 PM	2.00
Team	All	Sat	10:30 AM	2.00
Tramp Drills	All	Mon	7:15 PM	0.75
Tramp Drills	All	Thu	8:30 PM	0.50

**Premier Dance Team**

***Premier Team***

Premier	A	Mon	7:30 PM	0.50
Premier	A	Tue	8:00 PM	0.50
Premier	C	Tue	6:30 PM	0.50
Premier	C	Tue	7:30 PM	0.50
Premier	Mighty	Wed	6:15 PM	0.50
Premier	Mini	Wed	5:30 PM	0.50
Premier A	A	Tue	4:30 PM	0.50
Premier A	A	Tue	5:00 PM	0.50
Premier A	A	Tue	5:30 PM	0.50
Premier A	A	Tue	6:00 PM	0.50
Premier A	A	Tue	6:30 PM	0.50
Premier A	A	Tue	7:00 PM	0.50
Premier A	A	Tue	7:30 PM	0.50
Premier B	B	Tue	4:30 PM	0.50
Premier B	B	Tue	5:00 PM	0.50
Premier B	B	Tue	5:30 PM	0.50
Premier B	B	Tue	6:30 PM	0.50

