

2021 Summer Class Schedule
Schedule Runs June 14 - August 5, 2021

Trumbling & Trampoline Classes

Trampoline

Adv	8+	Mon	7:15 PM	0.75
Adv	8+	Tue	2:30 PM	0.75
Adv	8+	Wed	7:15 PM	0.75
Beg	5-7	Thu	9:30 AM	0.75

Trumbling & Trampoline Combo

Beg	5-7	Thu	10:15 AM	1.00
Beg	5-8	Mon	4:30 PM	1.00
Beg	5-8	Wed	4:15 PM	1.00
Beg/Int	8+	Mon	7:15 PM	1.00
Beg/Int	8+	Thu	11:15 AM	1.00
Int	8+	Tue	11:45 AM	1.00
Int	8+	Wed	4:15 PM	1.00
Int/Adv	8+	Wed	7:15 PM	1.25

Trumbling for Cheerleaders

Adv	9+	Mon	8:00 PM	1.00
Beg/Int	9+	Wed	8:15 PM	0.75

Gymnastics Classes

Gymnastics

Beg	5-7	Tue	6:15 PM	1.00
Beg	5-7	Wed	4:15 PM	1.00
Beg	5-7	Thu	10:15 AM	1.00
Beg	8+	Wed	6:45 PM	1.00
Beg/Int	8+	Wed	7:45 PM	1.00
Int	5-7	Wed	12:15 PM	1.00
Int	8+	Tue	7:15 PM	1.00

Mighty Tots

All	4-6	Mon	5:00 PM	0.75
All	4-6	Tue	5:30 PM	0.75
All	4-6	Wed	10:00 AM	0.75
All	4-6	Thu	9:30 AM	0.75

Tiny Tots

Beg	3-4	Mon	5:00 PM	0.75
Beg	3-4	Tue	5:15 PM	0.75
Beg	3-4	Wed	10:00 AM	0.75
Beg	3-4	Thu	9:30 AM	0.75

Gymnastics Classes

Trumbling

1	5-8	Tue	4:30 PM	0.75
1	5-8	Thu	11:15 AM	1.00
1	6+	Wed	6:30 PM	1.00
1	8+	Tue	7:00 PM	1.00
1	9+	Mon	8:00 PM	1.00
2	6+	Tue	4:30 PM	1.00
2	6+	Wed	6:30 PM	1.00
2	8+	Tue	7:00 PM	1.00
3	7+	Mon	6:15 PM	1.00
3	7+	Tue	3:30 PM	1.00
4	8+	Mon	6:15 PM	1.00
4	8+	Tue	3:30 PM	1.00
5	8+	Mon	8:00 PM	1.00
5	8+	Tue	3:30 PM	1.00

Dance Classes

Ballet

1	7+	Tue	5:15 PM	0.75
Beg	5-8	Wed	11:30 AM	0.75
Beg	5-8	Wed	6:45 PM	0.75
Beg & I	7+	Mon	7:00 PM	1.00
Tech 1	5-7	Wed	5:00 PM	0.75
Tech 2	8+	Wed	5:45 PM	1.00
Tech 2/3	9+	Tue	5:30 PM	1.00
Tech 3	9+	Mon	5:45 PM	1.25
Tech 4	9+	Mon	5:45 PM	1.25

Ballet Stretch & Flex

All	6+	Wed	4:30 PM	0.50
All	8+	Mon	4:00 PM	0.50
All	8+	Tue	5:00 PM	0.50

Contemporary

All	9+	Mon	8:00 PM	0.75
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Heals

All	10+	Tue	4:00 PM	0.50
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Hip Hop

Beg/Int	8+	Wed	7:15 PM	1.00
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Dance Classes

Jazz

Beg	5-8	Tue	5:15 PM	0.75
I & II	7+	Tue	4:30 PM	0.75
Tech 1	5-8	Wed	5:45 PM	1.00

Jazz & Hip Hop Combo

Beg	5-8	Mon	4:15 PM	1.00
Beg	7+	Tue	7:00 PM	1.00
Beg/Int	9+	Wed	6:30 PM	1.25

Leaps & Turns

Beg	6+	Wed	6:45 PM	0.50
Tech 1	7+	Tue	7:15 PM	0.75
Tech 2	7+	Wed	4:45 PM	1.00
Tech 3	8+	Mon	4:30 PM	1.25
Tech 4	9+	Mon	4:30 PM	1.25

Lyrical

Int	10+	Tue	6:00 PM	0.75
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Premier Specialty

Tech	7+	Wed	6:45 PM	1.00
Tech	8+	Mon	7:00 PM	1.00
Tech	8+	Tue	4:30 PM	0.50

Tap

Beg	7+	Tue	4:30 PM	0.75
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Tap & Ballet

Beg & I	4-6	Tue	6:00 PM	1.00
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Dance & Tumbling Combo Classes

Tumbling & Ballet Combination Class

Beg	3-4	Tue	6:00 PM	1.00
Beg	3-4	Wed	4:30 PM	1.00
Beg & I	4-6	Wed	9:00 AM	1.00
Beg & I	5-6	Tue	6:00 PM	1.00
Beg & I	5-6	Wed	4:30 PM	1.00

Tumbling & Jazz Combination Class

Beg	5-7	Wed	9:00 AM	1.00
Beg	5-7	Wed	5:45 PM	1.00
Beg & I	6-8	Thu	10:15 AM	1.00
Beg & I	8+	Wed	5:45 PM	1.00

Dance & Tumbling Combo Classes

Tumbling/Tap/Ballet Combination Class

Beg	3-4	Mon	5:45 PM	1.00
Beg	3-4	Wed	5:30 PM	1.00
Beg & I	5-6	Mon	5:45 PM	1.25
Beg & I	5-6	Wed	5:30 PM	1.00

Cheer Classes

Cheerleading

All	5-8	Mon	4:15 PM	0.75
All	9+	Mon	7:15 PM	0.75
All	9+	Wed	7:30 PM	0.75

Tumbling & Trampoline Teams

NAC Technique Class

All	All	Mon	3:30 PM	0.50
All	All	Mon	8:00 PM	0.50
All	All	Wed	11:45 AM	0.50

NAC Tumbling Team

All	5-8	Tue	3:30 PM	1.00
All	All	Mon	4:00 PM	1.00
All	All	Mon	7:00 PM	1.00
All	All	Wed	10:45 AM	1.00

USAG Pre Team

All	All	Tue	4:45 PM	1.50
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USAG Tumbling & Trampoline Team

All	All	Mon	5:15 PM	2.00
All	All	Tue	12:30 PM	2.00
All	All	Tue	6:00 PM	2.00
All	All	Wed	5:15 PM	2.00
All	All	Thu	12:30 PM	2.00

Parent Tot Classes

Creative Movements

Beg	18-36 Mos	Mon	5:15 PM	1.00
Beg	18-36 Mos	Wed	10:45 AM	0.75
Beg	18-36 Mos	Wed	4:45 PM	1.00