

**2021 Fall Class Schedule**  
**Schedule Runs September 8 - May 28, 2022**

---

**Preschool Classes**

***Creative Movements***

Beg	1.5-3	Mon	9:15 AM	0.75
Beg	1.5-3	Wed	10:00 AM	0.75
Beg	1.5-3	Wed	5:00 PM	1.00
Beg	1.5-3	Thu	5:15 PM	0.75
Beg	1.5-3	Sat	9:30 AM	1.00
Beg	1.5-3	Sat	10:45 AM	0.75

**Dance & Tumbling Combo Classes**

***Tumbling & Ballet Combination Class***

Beg	3-4	Mon	10:00 AM	1.00
Beg	3-4	Tue	6:00 PM	1.00
Beg	3-4	Wed	9:00 AM	1.00
Beg	3-4	Wed	4:30 PM	1.00
Beg	3-4	Thu	6:00 PM	1.00
Beg	3-4	Sat	10:30 AM	1.00
Beg	4-5	Tue	10:30 AM	1.00
Beg	5-6	Wed	9:00 AM	1.00
Beg & I	4-5	Thu	4:15 PM	1.00
Beg & I	5-6	Tue	6:00 PM	1.00
Beg & I	5-6	Wed	4:30 PM	1.00
Beg & I	5-6	Thu	6:00 PM	1.00
Beg & I	5-6	Sat	10:30 AM	1.00

***Tumbling & Jazz Combination Class***

Beg	5-8	Wed	6:30 PM	1.00
Beg	6-8	Tue	6:30 PM	1.00
Beg & I	7-10	Wed	7:00 PM	1.00

***Tumbling/Tap/Ballet Combination Class***

Beg	3-4	Mon	5:30 PM	1.00
Beg	3-4	Tue	4:00 PM	1.00
Beg	3-4	Wed	6:00 PM	1.00
Beg	4-5	Sat	9:30 AM	1.00
Beg & I	5-6	Mon	5:30 PM	1.00
Beg & I	5-6	Wed	6:00 PM	1.00

**Cheer Classes**

***Cheerleading***

All	5-8	Mon	4:15 PM	0.75
All	8+	Thu	7:15 PM	0.75
All	9+	Mon	7:15 PM	0.75

**Gymnastics Classes**

***Gymnastics***

Beg	5-7	Sat	10:30 AM	0.75
Beg	6-8	Thu	4:30 PM	1.00
Beg	6-8	Fri	4:15 PM	1.00
Beg	6-8	Sat	11:15 AM	1.00
Beg	7+	Tue	7:00 PM	1.00
Beg/Int	8+	Tue	8:00 PM	1.00
Int	7+	Thu	7:00 PM	1.00

***Mighty Mites***

1	4-6	Wed	4:15 PM	1.00
1	4-6	Thu	6:30 PM	0.75
1	5-7	Tue	5:00 PM	1.00

***Mighty Tots***

Beg	4-6	Mon	5:00 PM	0.75
Beg	4-6	Mon	6:30 PM	0.75
Beg	4-6	Tue	4:15 PM	0.75
Beg	4-6	Tue	5:00 PM	1.00
Beg	4-6	Fri	5:15 PM	0.75
Beg	4-6	Sat	9:15 AM	0.75

***Tiny Tots***

Beg	3-4	Tue	9:00 AM	0.75
Beg	3-4	Tue	9:45 AM	0.75
Beg	3-4	Tue	4:15 PM	0.75
Beg	3-4	Wed	10:00 AM	0.75
Beg	3-4	Wed	5:15 PM	0.75
Beg	3-4	Sat	9:15 AM	0.75
Beg	4-5	Mon	6:30 PM	0.75

**Tumbling & Trampoline Classes**

***Acrobatic Skills for Dancers***

2	7+	Thu	5:45 PM	0.75
2	7+	Sat	11:30 AM	0.75

***Trampoline***

Beg/Int	7+	Wed	6:15 PM	0.75
Int	7+	Tue	6:00 PM	0.75
Int	7+	Tue	8:00 PM	0.25
Int/Adv	8+	Mon	7:15 PM	0.50

**2021 Fall Class Schedule**  
**Schedule Runs September 8 - May 28, 2022**

---

**Tumbling & Trampoline Classes**

***Tumbling***

1	5-7	Mon	5:45 PM	0.75
1/2	6+	Wed	6:00 PM	1.00
1/2	6-8	Mon	5:45 PM	0.75
2	6-9	Tue	5:00 PM	1.00
2-3	7+	Wed	7:00 PM	1.00
3/4	8+	Mon	7:45 PM	1.00
3/4	8+	Tue	7:00 PM	1.00
5	9+	Mon	8:00 PM	1.00
5	9+	Thu	7:45 PM	1.00
Beg & I	5-7	Tue	5:00 PM	1.00
Beg & I	9+	Mon	8:00 PM	1.00

***Tumbling & Trampoline Combo***

Beg	5-8	Mon	4:30 PM	1.00
Beg	5-8	Fri	4:15 PM	1.00
Beg	7+	Mon	7:00 PM	1.00
Beg/Int	5-8	Sat	11:30 AM	1.00
Beg/Int	7+	Wed	7:00 PM	1.00
Int	7+	Fri	5:15 PM	1.00

***Tumbling for Cheerleaders***

All	9+	Thu	8:00 PM	0.75
-----	----	-----	---------	------

**Dance Classes**

***Ballet***

1	6+	Wed	5:30 PM	0.50
1/2	7+	Thu	6:30 PM	0.75
1/2	8+	Mon	8:00 PM	1.00
2	7+	Wed	4:30 PM	1.00
2	8+	Mon	5:45 PM	1.25
5	8+	Mon	4:30 PM	1.25
Beg	5-7	Thu	4:15 PM	0.75
Beg & I	8+	Mon	7:00 PM	1.00
Int/Adv	8+	Sat	10:00 AM	0.75

***Ballet Stretch & Flex***

All	8+	Sat	9:00 AM	0.50
-----	----	-----	---------	------

***Dance Team Prep***

Int	11+	Thu	8:00 PM	1.00
-----	-----	-----	---------	------

**Dance Classes**

***Hip Hop***

Beg	8+	Thu	6:30 PM	1.00
Beg/Int	8+	Thu	8:00 PM	1.00
Int/Adv	10+	Mon	8:00 PM	1.00

***Jazz***

1	6-8	Wed	6:00 PM	0.50
1	6-9	Thu	5:00 PM	0.75
2	7+	Wed	5:30 PM	1.00
2	8+	Thu	7:00 PM	1.00
3/4	9+	Mon	7:00 PM	0.00
Beg & I	5-7	Thu	5:15 PM	0.75

***Jazz & Hip Hop Combo***

1	8+	Wed	7:30 PM	1.00
Beg	5-7	Mon	4:30 PM	1.00
Beg	7-9	Tue	5:00 PM	1.00
Beg & I	6-8	Thu	4:15 PM	1.00
Beg & I	7-10	Thu	4:45 PM	1.00
Beg & I	7-9	Wed	7:00 PM	1.00

***Leaps & Turns***

1/2	7+	Thu	5:45 PM	0.75
5	9+	Mon	5:45 PM	1.25
Int/Adv	8+	Sat	10:45 AM	0.75
Tech 2/3	8+	Mon	4:30 PM	1.25
Tech 2/3	9+	Mon	7:00 PM	1.00

***Premier Specialty***

All	8+	Sat	9:30 AM	0.50
-----	----	-----	---------	------

***Tap & Ballet***

1	5-7	Wed	6:15 PM	1.00
Beg	4-5	Wed	5:30 PM	0.75
Beg & I	5-7	Sat	10:00 AM	0.75

**Tumbling & Trampoline Teams**

***NAC Technique Class***

All	All	Mon	6:30 PM	0.50
All	All	Tue	5:30 PM	0.50

**2021 Fall Class Schedule**  
**Schedule Runs September 8 - May 28, 2022**

---

**Tumbling & Trampoline Teams**

***NAC Tumbling Team***

All	All	Mon	4:30 PM	1.00
All	All	Mon	7:00 PM	1.00
All	All	Tue	4:30 PM	1.00
All	All	Tue	6:00 PM	1.00
All	All	Thu	4:30 PM	1.00
All	All	Thu	5:30 PM	1.00

***USAG Pre Team***

All	All	Wed	6:15 PM	1.50
All	all	Thu	4:30 PM	1.50

***USAG Tumbling & Trampoline Team***

All	All	Mon	5:15 PM	2.00
All	All	Tue	6:45 PM	2.00
All	All	Wed	4:30 PM	2.00
All	All	Thu	5:45 PM	2.00

**Premier Dance Team**

***Premier Team***

Premier	All	Wed	5:00 PM	0.50
Premier	All	Wed	6:30 PM	0.50
Premier A	All	Tue	4:30 PM	0.50
Premier A	All	Tue	5:00 PM	0.50
Premier A	All	Tue	5:30 PM	0.50
Premier A	All	Tue	6:00 PM	0.50
Premier A	All	Tue	6:30 PM	0.50
Premier A	All	Tue	7:00 PM	0.50
Premier B	All	Tue	4:00 PM	0.50
Premier B	All	Tue	4:30 PM	0.50
Premier B	All	Tue	5:00 PM	0.50
Premier B	All	Tue	5:30 PM	0.50
Premier B	All	Tue	6:00 PM	0.50
Premier B	All	Tue	6:30 PM	0.50