

2022 Summer Class Schedule

Schedule Runs June 13 - August 6, 2022

Dance & Tumbling Combo Classes

Jazz/Ballet/Tumbling

Beg	5-7	Tue	6:15 PM	1.25
Beg	6-8	Sat	10:00 AM	1.50
Beg/Int	5-7	Wed	6:00 PM	1.50
Beg/Int	8+	Tue	7:00 PM	1.50

Tumbling & Ballet Combination Class

Beg	3-4	Mon	9:30 AM	1.00
Beg	3-4	Tue	6:00 PM	1.00
Beg	3-4	Wed	4:30 PM	1.00
Beg	3-4	Thu	5:30 PM	1.00
Beg	3-4	Fri	5:30 PM	1.00
Beg	3-4	Sat	9:00 AM	1.00
Beg & I	4-6	Mon	9:30 AM	1.00
Beg & I	4-6	Wed	4:30 PM	1.00
Beg & I	4-6	Fri	5:30 PM	1.00
Beg & I	5-6	Sat	9:00 AM	1.00
I	4-6	Tue	6:00 PM	1.00
I	4-6	Thu	5:30 PM	1.00

Tumbling & Jazz Combination Class

Beg	5-8	Thu	6:30 PM	1.00
I	7-10	Thu	6:30 PM	1.00

Tumbling/Tap/Ballet Combination Class

Beg	3-4	Mon	5:30 PM	1.00
Beg	3-4	Wed	9:30 AM	1.00
Beg	3-4	Wed	5:30 PM	1.00
Beg & I	4-6	Wed	9:30 AM	1.00
Beg & I	5-6	Wed	5:30 PM	1.00
I	4-6	Mon	5:30 PM	1.00

Cheer Classes

Cheerleading

All	10+	Mon	8:00 PM	0.75
All	5-7	Mon	11:15 AM	0.75
All	5-7	Fri	4:30 PM	1.00
All	6-9	Sat	11:15 AM	0.75
All	8+	Thu	7:15 PM	0.75

Gymnastics Classes

Gymnastics

Beg	5-8	Wed	11:15 AM	1.00
Beg	6+	Tue	6:30 PM	1.00
Beg	6-9	Tue	10:30 AM	1.00
Beg	6-9	Thu	4:30 PM	1.00
Beg	6-9	Fri	5:30 PM	1.00
Beg	8+	Sat	11:15 AM	1.00
I	6+	Tue	5:30 PM	1.00
I	6+	Wed	12:30 PM	1.00
I	6+	Sat	10:15 AM	1.00
II	7+	Tue	4:30 PM	1.00
II	7+	Thu	7:00 PM	1.25
II	8+	Tue	7:30 PM	1.25

Mighty Mites

1	4-6	Mon	6:15 PM	0.75
1	4-6	Tue	9:45 AM	0.75
1	4-6	Tue	11:30 AM	0.75
1	4-6	Wed	10:30 AM	1.00
1	4-6	Wed	4:30 PM	1.00
1	4-6	Fri	4:30 PM	1.00
1	4-6	Sat	10:15 AM	1.00

Mighty Tots

Beg	4-6	Mon	9:00 AM	0.75
Beg	4-6	Mon	10:30 AM	1.00
Beg	4-6	Mon	5:30 PM	0.75
Beg	4-6	Mon	6:30 PM	0.75
Beg	4-6	Tue	9:00 AM	0.75
Beg	4-6	Wed	6:15 PM	0.75
Beg	4-6	Thu	10:45 AM	0.75
Beg	4-6	Thu	5:30 PM	0.75
Beg	4-6	Fri	3:45 PM	0.75
Beg	4-6	Sat	9:30 AM	0.75

Tiny Tots

Beg	3-4	Mon	10:30 AM	0.75
Beg	3-4	Mon	5:30 PM	0.75
Beg	3-4	Tue	9:00 AM	0.75
Beg	3-4	Wed	5:30 PM	0.75
Beg	3-4	Thu	3:45 PM	0.75
Beg	3-4	Thu	6:30 PM	0.75
Beg	3-4	Sat	9:30 AM	0.75

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Tumbling & Trampoline Classes

Trampoline

All	6+	Mon	6:30 PM	0.75
All	6+	Thu	4:15 PM	0.75
All	7+	Wed	7:15 PM	0.75

Tumbling

1/2	5-8	Tue	5:00 PM	1.00
1/2	6+	Thu	4:30 PM	1.00
2	6+	Tue	11:30 AM	1.00
2-3	6+	Tue	10:30 AM	1.00
2-3	6+	Tue	7:30 PM	1.00
2-3	7+	Wed	7:00 PM	1.00
3/4	8+	Mon	11:30 AM	1.00
3/4	8+	Mon	7:00 PM	1.00
5	7+	Mon	5:30 PM	1.00
5	9+	Wed	11:30 AM	1.00
Beg	5-8	Wed	11:30 AM	1.00
Beg	6-8	Sat	10:45 AM	0.75
Beg & I	9+	Wed	8:00 PM	1.00

Tumbling & Trampoline Combo

Beg	5-8	Mon	11:30 AM	1.00
Beg	5-8	Tue	11:45 AM	1.00
Beg	5-8	Tue	5:15 PM	1.00
Beg	6-9	Sat	12:00 PM	1.00
I	6+	Mon	4:30 PM	1.00
I	6+	Wed	4:30 PM	1.00
I	7+	Mon	7:15 PM	1.00
II	7+	Mon	7:15 PM	1.00
II	7+	Wed	7:30 PM	1.00

Tumbling for Cheerleaders

Beg	9+	Thu	8:00 PM	0.75
Int	10+	Tue	8:30 PM	0.75

USAG Pre Team

Pre Team	All	Tue	6:00 PM	1.50
Pre Team	All	Thu	11:30 AM	1.50

USAG Tumbling & Trampoline Team

Tramp Drills	All	Thu	9:30 AM	1.25
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Dance Classes

Ballet

1	6+	Wed	5:15 PM	0.75
1/2	6+	Wed	4:30 PM	0.75
1/2	8+	Wed	6:00 PM	1.00
3	7+	Mon	4:30 PM	1.25
4/5	8+	Mon	5:45 PM	1.25
Beg	5-8	Wed	10:30 AM	0.75
Beg & I	6-9	Wed	6:00 PM	0.75

Dance Team Prep

Int	11+	Thu	7:30 PM	1.50
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Hip Hop

All	10+	Wed	7:30 PM	1.00
All	7-10	Thu	6:30 PM	1.00

Jazz

1/2	6+	Wed	4:30 PM	0.75
2	6+	Wed	5:15 PM	0.75
2-3	8+	Wed	7:00 PM	1.00
Beg	9+	Thu	7:30 PM	1.00

Jazz & Hip Hop Combo

Beg	5-7	Mon	10:30 AM	0.75
Beg	5-7	Thu	4:30 PM	1.00
Beg	5-8	Tue	5:15 PM	0.75
Beg	6-8	Sat	10:00 AM	1.00
Beg	6-9	Mon	6:30 PM	1.00
Beg	9+	Mon	7:30 PM	1.00
I	6-9	Fri	4:30 PM	1.00
I	8+	Tue	7:00 PM	1.00
I	8+	Thu	5:30 PM	1.00
II	8+	Wed	7:00 PM	1.00

Jazz/Ballet

Beg & I	5-8	Sat	10:00 AM	0.75
Beg & I	6-8	Mon	11:15 AM	1.00

Leaps & Turns

3	All	Mon	5:45 PM	1.25
4/5	All	Mon	4:30 PM	1.25

Tap

Beg & I	6-9	Tue	4:45 PM	0.50
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Dance Classes

Tap & Ballet

Beg	3-4	Tue	6:00 PM	0.75
Beg & I	4-6	Tue	6:45 PM	0.75

Tumbling & Trampoline Teams

NAC Tumbling Team

All	All	Mon	4:30 PM	1.00
All	All	Tue	4:30 PM	1.00
All	all	Wed	11:30 AM	1.00
All	All	Thu	7:00 PM	1.00

USAG Tumbling & Trampoline Team

Team	All	Mon	9:30 AM	2.00
Team	All	Tue	7:00 PM	2.00
Team	All	Wed	9:30 AM	2.00
Team	All	Thu	5:00 PM	2.00

Preschool Classes

Creative Movements

Beg	1.5-3	Mon	9:30 AM	1.00
Beg	1.5-3	Tue	9:45 AM	0.75
Beg	1.5-3	Tue	5:15 PM	1.00
Beg	1.5-3	Wed	6:00 PM	1.00
Beg	1.5-3	Thu	4:30 PM	1.00

